

OSHA 10-HOUR

GENERAL INDUSTRY

Building a safe workplace.

This 10-hour training program was developed by OSHA to provide entry-level general industry workers information on how to identify, abate, avoid, and prevent job-related hazards on a job site.

The training covers a variety of general industry safety and health hazards which a worker may encounter as well as workers' rights and employer responsibilities.



OBJECTIVES

- Creating more awareness and a higher level of commitment to safety initiatives and programs
- Showing employees, OSHA inspectors, and insurance carriers your commitment to best safety practices
- Minimizing – or eliminating altogether – the expenses of penalties and fines for non-compliance
- Reduce lost-work hours, workers' compensation claims, legal fees, and possibly insurance costs
- Gain important skills and knowledge to be able to adjust and fine tune your company's current safety programs to keep your employees safer and keep your programs in OSHA compliance
- Valuable networking with other safety professionals and access to valuable OSHA resources

CURRICULUM

10 hours; includes OSHA 29 CER1910 General Industry Pocket Guide.

Mandatory

- Introduction to OSHA
- Workers' rights, employer responsibilities, filing a complaint.
- Walking and Working Surfaces/Fall Protection
- Exit Routes, Emergency Action Plans, Fire Prevention Plans, Fire Protection
- Electrical
- Personal Protective Equipment
- Hazard Communication

Elective

- Hazardous Materials
- Materials Handling
- Machine Guarding
- Introduction to Industrial Hygiene
- Bloodborne Pathogens
- Ergonomics
- Safety and Health Program
- Fall Protection